



Health & Wellness
HEALTHWISE CLINIC

COMMUNITY HEALTH EDUCATION

FREE CLASS AND CLINIC

THIRD MONDAY OF EVERY MONTH, 3:00 PM – 4:00 PM,
Arizona Time (Pacific ST in Summer, Mountain ST in Winter)
[time zone converter: <https://www.worldtimebuddy.com>]

IS NOW VIRTUAL IN OUR ZOOM ROOM
<https://zoom.us/j/6600570113>

Alternatively, you may call into the Zoom Room
with +1 (346) 248-7799 and Meeting ID: 660 057 0113.

DISCOVER HOW TO IMPROVE YOUR HEALTH INCLUDING HOW
ENERGY AND ASIAN MEDICINE WORKS
FACILITATED BY NURSE HEIDI AND DR. DENNIS

**TOPICS OF DISCUSSION ARE OPEN TO WHOM SHOWS UP
AND ASKS QUESTIONS. WE TEACH HEALTH SCIENCE
ABOUT WELL-BEING.**

IN THIS CLINIC, WE DO NOT CURE, TREAT, OR DIAGNOSE ANY
ALLOPATHIC, WESTERN DISEASE.

If you have any questions and to request your email be placed on our invitational flyer
email list, please contact Nurse Heidi,
(310) 902-4555 or heidilobsteinnurse@gmail.com

