

Prostate Protocol © by Dr. Dennis Lobstein,
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Prostates in elder men need more testosterone and less estrogen. To accomplish this, use Aeon, Silent Nights, and SP6C patches to reconfigure hormones, and GSH patches to reduce inflammation. Aeon increases DHEA, the mother hormone to the sex hormones. Silent Nights increases melatonin, known to prevent the conversion of testosterone to estrogen that occurs in middle-aged and elderly men, and the SP6C patch acts on the satisfaction/ reward system to curb craving, theoretically thru the endorphins, which regulate hypothalamic and pituitary hormone release.

Be sure exposure to phyto- and synthetic estrogens is minimized (no soy, no GMO food, eat only organic, pesticide-free food, no pharmaceuticals or vaccines which are both laden with toxins), and remain hydrated. Increase intake of Zn (pumpkin seeds) and Se (garlic and Brazil nuts) and bee pollen. Keep harmful EMF to a minimum, e.g., no lap top computers on the lap and no cell phones carried on the body. Use an EMF shield for your cell phone.

Hormone shots, whether synthetic or bio-identical, will deprive the body of its ability to make its own testosterone – due to the negative feedback loops between the end hormone and the pituitary and hypothalamus. Homeopathic remedies to remind the body how to make its own testosterone are more healthy choices.

The objective in Chinese medicine is to tonify the K *qi*, since K *qi* becomes deficient as we age. Good acupoints for this are K 3, B 23, GB 25, CV 4, and GV 4. Swelling of the prostate is viewed as an accumulation of Damp due to weak Sp *qi* in Chinese medicine. Good acupoints to drain Damp and tonify Sp are Sp 6, Sp 9, and St 40.

1st month

Usual clearing or detox with 28-day protocol and Aeon Brain protocol. Use Aeon at night during the first two weeks of detox.

2nd month

Use EE Five Element Rotation during the day and SN with Carnosine at night and add the following SP6C and Aeon/GSH patch placements

Day	SP6C on Left or Back	Aeon/ GSH Stack on Right or Front
1	GV 4	CV 4
2	B 23	B 23
3	Sp 9	St 40
4	Sp 6	GB 39
5	B 23	GB 25

Repeat rotation, 5 days on and two days off. Remain hydrated – very important.

GSH = Glutathione

Continue the second month protocol above until the condition resolves. You may also continue for continued health and prevention afterwards.

Acupoint locations may be found at www.yinyanghouse.com -> Points -> Acupuncture Meridian list -> meridian map -> hover mouse over the point in the map to get a detailed point location description.